



**Previous Bone-Toxic Medications**

Medication	Start Date	End Date	Indication	Medication	Start Date	End Date	Indication
Prednisone							
Aromatase Inhibitors							
Androgen Deprivation Rx							
Anticonvulsant							

**Smoking History:** Does patient currently smoke?  No  Yes

**Alcohol Consumption:** Average more than 2 drinks per day?  No  Yes

**PHYSICAL EXAM**

Date: \_\_\_\_\_ Height: \_\_\_\_\_ Historical Maximum Height: \_\_\_\_\_ Weight: \_\_\_\_\_  lbs.  kgs. BMI: \_\_\_\_\_

**Focused Bone Related Findings**

Blue Sclera  Rash  Thyromegaly  Kyphosis  Spine Tenderness

Dental Status \_\_\_\_\_  Rib Pelvis Space \_\_\_\_\_  Balance \_\_\_\_\_

Muscle Strength \_\_\_\_\_  Mobility \_\_\_\_\_  Assistive Devices \_\_\_\_\_

**DXA** (report T-score or Z-score, as appropriate; scan images if possible)

Date	L1L4	Total Hip	Femoral Neck	33% Radius

**Vertebral Imaging**  Yes  No

Results:

**FRAX** (if appropriate, use tool here <http://www.shef.ac.uk/FRAX/tool.jsp>) Major Osteoporotic Fracture \_\_\_\_\_ Hip Fracture \_\_\_\_\_

FRAX clinical risk factors: \_\_\_\_\_

FRAX ethnicity:  Caucasian  Hispanic  Asian  Black

**Current Labs**

	Date	Result		Date	Result
CBC			PTH		
Creatinine			TSH		
eGFR			25-OH-D		
Alk Phos			Serum Protein Electrophoresis		
Calcium			K/L Light Chain Ratio		
Phosphorus			24-hour Urinary Calcium		
Albumin			Celiac Antibodies		
Bone Turnover Marker (NTX, CTX)			Tryptase		
Other _____			Other _____		

**Additional Comments**